

# **RESEARCH UNIT**

College of Nursing - Jeddah Newsletter AY 2021 - 2022



## **RESEARCH UNIT CHAIRPERSON** Welcome Message

#### Dr. Ghada Kurban

Welcome to College of Nursing-Jeddah (CONJ) Research Unit first issued Newsletter AY2021-2022. In this newsletter, you will find announcements about every activity organized/conducted by the Research Unit along with major events related to research in nursing such as conferences. In addition, there will be a synapsis inspired by current hot research topics. Finally, The newsletter provides useful resources related to research.

> Chairperson: Dr. Ghada Kurban g.kurban

#### Overview of the Research Unit at CONJ

The research unit at CON-J is responsible for overseeing all research activities.

#### Mission

Facilitate high quality research that's promotes the health of the society.

#### Vision

Create a rich scholarly environment that facilitates faculty and student research.

For more information kindly visit The research unit website below:

https://conj.ksauhs.edu.sa/index.php?option=c om content&view=article&id=414&Itemid=571

**Or Scan Barcode** 

Phone:+966 2 2246666 Ext. 4612 Email: <u>conj.ru@ksau-hs.edu.sa</u>



## **Research Unit Events**

#### **Maior Events**

3<sup>rd</sup> International Nursing and Health **Sciences Conference** Innovation and Sustainability in Virtual Education Practice and Research Nov 16-17, 2021

For Registration: https://events.ksau-hs.ed.sa

Upcoming Events ♦ Journal Club

Problem based learning in nursing education

By Dr. Ebtsam Abu Hashish & Ms. Arwa Alsaadon Oct 26,2021 -1:00 PM to 2:00 PM

## Student/Faculty Workshop

#### Data entry using SPSS/PSPP

By Dr. Neama Hantira Nov 1, 2021 - 12:00 to 2:00 pm

## ♦ Grand Round

**Research article critique** By Dr. Ola Esheaba Nov 23, 2021 – 1:00 pm to 2:00 pm

For more students/faculty workshops visit research unit activities calendar on the research unit website

https://ksauhsedumy.sharepoint.com/:w:/g/personal/g ahtanym ksau-

hs edu sa/EZQpwCTYMH9MpUWdXLiEUPIBnm9A8Isl39Dk46Bo0MMpg?e=0FHGRG

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## **Research Unit Activities**

#### 3 Minutes Research Competition

The Research Unit is pleased to announce the 3 minutes research competition. Compete and explain your research idea in 3 minutes! Join us... For Registration: https://forms.office.com/r/09xyPhMAws



#### Research Unit Logo Competition

Design the Research Unit Logo and may the best design win!

Let your artistic skills and creativity impress us and send your design to the Research Unit Email : <u>conj.ru@ksau-hs.edu.sa</u>

## Deadline for designs submission Sunday 21/01/2022

#### **Hot Research Topics**

## Fears of Going Back to Schools

The COVID-19 pandemic had disrupted the education system worldwide. Schools all over the world have been closed and shifted to online classes to mitigate the rapid spreading of this devastating virus. Since there was no available antiviral treatment for covid-19 (Moazzam et al., 2020) the World Health Organization (WHO) urges scientists to develop a safe and effective vaccine. Accordingly, an unprecedented effort was made globally to develop several types of vaccines and end the COVID-19 outbreak. These vaccines have shown to be effective in reducing the numbers of COVID-19 cases globally and more specifically in the kingdom of Saudi Arabia (KSA). In this regard, the Ministry of Health (MOH) in KSA reported a noticeable decline in the pandemic curve with the vaccine being the main reason for this decline. Indeed, vaccines' efficiency is generally proclaimed as a relative risk reduction (RRR) of being infected (Brown, 2021). Recently, the reported RRR varied among the approved vaccines. In Saudi Arabia. Pfizer-BioNTech. Oxford-AstraZeneca, and Moderna are the available vaccines (Ministry of Health, 2021). Ranking by reported efficacy gives RRR of 95% for the Pfizer-BioNTech, 94% for the Moderna-NIH, and 70% for the AstraZeneca–Oxford vaccines (Olliaro et al., 2021).Numerous studies reported that elderly and immunocompromised individuals are more susceptible to the Covid-19 infection than youth (Jordan et al., 2020; Zhou et al., 2020). However, young people, including university students, might suffer from the pandemic during the transition from online to face-to-face schooling. Thus, in preparing to go back to the school of Fall 2021-2022, the MOH mandated students to receive the complete- 2 doses- of COVID vaccine before returning to school to protect themselves and others. Students may have a mixed feeling of excitement and fear in returning to normal school life since the pandemic still exists. Fears of being infected with COVID-19 can be a primary cause of worry, anxiety, and stress among students. In this perspective, a recent study conducted in an Indian university to assess the fear of COVID-19 among university students, who were in the age group of 18-23 years old, and were not likely to be infected shed the light on the effect of COVID-19 fears on the psychological health of the students. The study revealed that all participants have suffered from anxiety symptoms and their fear levels varied between severe (17%), moderate (17%), and mild (11) based on the FCV-19S score. The study revealed that female participants presented with more fear and anxiety symptoms compared to male participants (Gaur et al., 2021). In conclusion, fear of covid-19 may have impact on students' academic performance, and faculty need to be aware of it.

Written By: Ms. Meaad Alqahtany & Dr. Ghada Kurban

#### References

https://cutt.ly/vRYqljW

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#### **Useful Resources**

#### **Reference Managements Website**

RefWorks( KSAU subscription) https://www.refworks.com

Zotero free

https://www.zotero.org

Mendeley free

https://www.mendeley.com/download -desktop-new/

Endnote

https://endnote.com

Cite This For Me (formerly RefME) <u>https://www.citethisforme.com</u>

## English Grammar Checker and Proofreader

Grammarly

https://app.grammarly.com

Jetpack

https://jetpack.com/support/spellingand-grammar/ Ginger https://www.gingersoftware.com

Writer

https://writer.com