

Student Handbook

COLLEGE OF NURSING – JEDDAH



جامعة الملك سعود بن عبد العزيز للعلوم الصحية
King Saud bin Abdulaziz University for Health Sciences

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College of Nursing, Jeddah (CON-J)

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Dean's Welcome Message

Welcome to the College of Nursing – Jeddah at King Saud bin Abdulaziz University for Health Sciences (KSAU-HS). The College of Nursing-Jeddah established at the beginning of the Fall Semester 2006/2007 under (KSAU-HS). The College is philosophically consistent with the KSAU-HS mission to be a center of excellence in teaching and clinical practice, research, and community service. The specific aim of the College is to contribute in overcoming the shortage of national nurses in Saudi Arabia and enhancing the quality of care through the professional excellence of graduates.

We offer a baccalaureate of science in nursing (BSN) for Saudi females over a period of 4 years with total of 136 Credit Hours, followed by one year (12 months) internship period.

We are committed to our mission by inspiring professionals and students through developing skilled clinicians, leaders, educators, researchers, and innovators in Nursing. Our program focus around our core values of caring, health, integrity, respect, and performance with the vision of becoming eminent in providing qualified professionals serving diverse populations through learning, leadership, scholarship, innovation, and community engagement.

All our courses reflect on up to date research and students at all levels are given the skills to identify and apply evidence in Nursing. The college provides a state-of-the-art environment for teaching and learning. It provides required learning resources such as information and educational technology, e-library, and modernized simulation laboratories. Nursing faculties are well qualified and diverse; they are involved in innovative research activities and mentor students in their learning journey and community services.

Our collaboration was established with King Abdulaziz Medical City Jeddah, King Faisal Specialist Hospital and Research Center, and the Ministry of Health Hospitals to facilitate the training of the students. The training takes place in a variety of settings including acute care hospitals, ambulatory care, public health, long term care, and psychiatric care hospitals.

Dr. Tagwa Yousif Omer,

Associate Professor of Nursing

Dean, College of Nursing-Jeddah, KSBAU-HS

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Introduction

The Colleges of Nursing consists of three colleges located in three campuses within the King Saud bin Abdul-Aziz University for Health Sciences (KSAU-HS) in Saudi Arabia. The Colleges were established by Royal Decree number 18226 dated 11/9/1422H (2001).

The College of Nursing – Riyadh was established in March 2002 and located in the Central Region of Saudi Arabia. College of Nursing - Jeddah was established in September 2006, and located in the Western Region. The College of Nursing – Al-Ahsa was established in September 2008, and it is located in the Eastern Region.

KSAU-HS Vision, Mission, Values & Objectives

KSAU-HS mission, vision and core values are prepared with the consideration of Islamic values, societal perspectives, Saudi Vision 2030, national development plan and strategic goals, policies and future plan for higher education in the Kingdom of Saudi Arabia, national and international accreditation requirements, and stakeholders' inputs. These statements aim toward ambitious and balanced transformation to address the national requirements while keeping the global dimension. Based on the above, the mission, vision and core values were formulated.

Vision

To achieve global leadership in health professions education with commitment to excellence in research, patient care, and community service.

Mission

KSAU-HS provides high quality health sciences education, health-related research, and community services that promote the health of society.

Core Values

Ethical behavior: honesty, respect, fairness, and compassion.

Teamwork: collaboration and cooperation.

Accountability: fulfilling duty.

Transparency: acting with clarity.

Excellence: commitment to quality performance, innovation, and creativity.

Major Objectives

1. To offer innovative undergraduate and postgraduate health education programs that meet the highest international standards in an intellectually rich student-centered environment.
2. To create highly competent healthcare professionals who think critically, communicate effectively, maintain Islamic values, respect societal perspective, and promote exemplary citizenship.
3. To use the rich expertise and resources of affiliated clinical institutes and service activities to improve the health status and well- being of society.
4. To foster a strong research culture within the University.
5. To be a public-spirited and internationally engaged institution that is highly regarded for its distinctive contributions and services to Saudi society and the international community.

Nursing Program Mission & Objectives

Mission

The BSN program at KSAU-HS is adopting the university mission that provides high-quality Nursing education, health-related research, and community services that promote the health of society.

Program Objectives

- Preparing graduates to successfully engage in advanced education and scholarly activities.
- Facilitating evidence-based nursing practice which is compassionate, competent and culturally sensitive.
- Creating an environment that focusses on critical thinking, clinical reasoning, informatics, leadership, professionalism, advocacy, patient-centered care and patient safety.
- Developing interdisciplinary collaboration for the advancement of a scientific body of nursing knowledge
- Addressing health care needs of the community as a whole through education and research.
- Creating opportunities for involvement in community activities.

Program Description

A standard four-year generic baccalaureate program is offered by CON at KSAU-HS that incorporates a variety of learning experiences and knowledge with nursing professional education as a theoretical basis. It is designed for high school graduates with no previous nursing experience and to prepare students for work with individuals, families, and groups within the growing and changing health-care environment.

1. Bachelor of Science in Nursing (BSN) is considered the Program title and code.
2. 136 credit hours are the total credit hours needed for completion of the program.
3. Bachelor of Science in Nursing is the “Award” granted on completion of the program.
4. The Major track and specialization that is obtained by completing the program is “General Nurse (Registered Nurse).”

Pre-Professional Program

This is a two-year shared program for all health sciences students. It focuses on providing the foundation for professional health-care related education. This includes courses in humanities, social/behavioral sciences, ethics, biological and health sciences, as well as health informatics. Nursing Fundamentals are introduced by the end of the second year of this program through two courses (NURS 201 & NURS 202)

Professional Program

The third and fourth years of the program focus on the nursing sciences. Students acquire knowledge and skills necessary to provide care for complex health problems of individuals, families or communities. There is emphasis both on theory, laboratory skills, and clinical learning.

Courses include concepts related to health promotion and illness prevention, health assessment and identification of risks, care of the adult, women and family health care, pediatric care, mental and psychiatric health, community and home health care, management, and health informatics.

Curriculum Framework

	Course Code	Course Title	Requisite			Credit Hours			College or Dept.
			Pre	Co	Pre/Co	Theory	Practical	Total	
1 st Year - Semester 1 (Level 1)									
	ARBC101	Arabic Language Skills I	-	-	-	2	-	2	U-PPP
	ENGL101	English Communication Skills	-	-	-	0	5	5	U-PPP
	ENGL 102	English Grammar I	-	-	-	3	1	4	U-PPP
	ENGL103	English Reading and Vocabulary I	-	-	-	5	-	5	U-PPP
	ISLM101	Islamic Culture	-	-	-	2	-	2	U-PPP
						12	6	18	
1 st Year - Semester 2 ((Level 2)									
	ENGL 111	English Academic Writing	Level 1 ENGL courses	-	-	0	2	2	U-PPP
	ENGL 112	English Grammar II	Level 1 ENGL courses	-	-	0	2	2	U-PPP
	ENGL 113	English Reading and Vocabulary II	Level 1 ENGL courses	-	-	0	2	2	U-PPP
	ARBC 111	Arabic Language Skills II	ARBC 101	-	-	2	-	2	U-PPP
	BIOL 101	Biology for Health Sciences	Level 1 ENGL courses	-	-	1	1	2	U-PPP
	CHEM 101	Chemistry for Health Sciences	Level 1 ENGL courses	-	-	3	1	4	U-PPP
	PHYS 101	Physics for Health Sciences	Level 1 ENGL courses	-	-	4	-	4	U-PPP
						10	8	18	
2 nd Year - Semester 1 (Level 3)									
	ENGL 201	Medical Terminology	-	-	-	2	-	2	U-PPP
	ENGL 211	Advanced English Grammar & Writing for Health Sciences	ENGL111 ENGL 112	-	-	0	2	2	U-PPP
	ENGL 212	Advanced English Reading & Vocabulary for Health Sciences	ENGL 113	-	-	1	1	2	U-PPP
	BIOC 215	Biochemistry for Nursing	BIOL 101 CHEM 101	-	-	3	1	4	U-PPP
	BIOS 201	Biostatistics	-	-	-	1	1	2	U-PPP
	COMP 201	Computer Science and Health Informatics	-	-	-	2	1	3	U-PPP
	PNUR 201	Anatomy & Physiology I for Pre-Nursing	-	BIOL 101		2	1	3	U-PPP
						11	7	18	
2 nd Year - Semester 2 (Level 4)									
	NURS 201	Fundamentals of Nursing I	-	-	-	3	-	3	U-PPP
	NURS 202	Fundamentals of Nursing II	-	PNUR 211 NURS 201		2	2	4	U-PPP

	Course Code	Course Title	Requisite			Credit Hours			College or Dept.
			Pre	Co	Pre/Co	Theory	Practical	Total	
	PNUR 202	Medical Microbiology	-	-	-	2	1	3	U-PPP
	PNUR 203	Pathophysiology	-	PNUR 211		3	-	3	U-PPP
	PNUR 211	Anatomy & Physiology II for Pre-Nursing	-	-	PNUR 201	2	1	3	U-PPP
						12	4	16	
3rd Year - Semester 1 (Level 5)			Pre	Co	Pre/Co				
	NURS 301	Ethics and Patient Safety for Nursing	-	-	-	2	-	2	
	NURS 203	Behavioral Sciences for Nursing	-	-	-	2	-	2	
	NURS 311	Health Assessment	PNUR 211	-	-	2	2	4	Professional Nursing
	NURS 314	Clinical Pharmacology	PNUR 203	-	-	3	0	3	Professional Nursing
	NURS 320	Clinical Nutrition	BIOC 211	-	-	2	0	2	Professional Nursing
	NURS 321	Nursing Care of Adults I	NURS 202	NURS 314	PNUR 203	3	3	6	Professional Nursing
						14	5	19	
3rd Year - Semester 2 (Level 6)									
	NURS 303	Health Professions Education for Nursing				2	-	2	
	NURS 322	Normal Growth and Development	-			2	0	2	Professional Nursing
	NURS 316	Nursing Care of Adults II	NURS 315			2	3	5	Professional Nursing
	NURS 318	Communication for Health Professionals				2	0	2	Professional Nursing
	NURS 323	Epidemiology and Population based Health Care	BIOS 201			2	0	2	Professional Nursing
	NURS 324	Nursing Research	BIOS 201 NURS 319			3	0	3	Professional Nursing
	ELEC	Elective Course 1*				2	-	2	Professional Nursing
						15	3	18	
4th Year - Semester 1 (Level 7)									
	NURS 417	Psychiatric and Mental Health Nursing	NURS 316			2	3	5	Professional Nursing
	NURS 418	Nursing Care of Children and Their Families	NURS 312 NURS 316 NURS 315			3	3	6	Professional Nursing
	NURS 419	Women and New-born Health Nursing	NURS 316			3	3	6	Professional Nursing
						8	9	17	
4th Year - Semester 2 (Level 8)									
	NURS 414	Critical Care Nursing	NURS 316 NURS 411 NURS 412			2	3	5	Professional Nursing
	NURS 415	Community Health Nursing and Health Education	NURS 411 NURS 412			3	2	5	Professional Nursing
	NURS 416	Nursing Management and Leadership				2	2	4	Professional Nursing
	ELEC	Elective Course 2*				2	-	2	Professional Nursing

	Course Code	Course Title	Requisite			Credit Hours			College or Dept.
			Pre	Co	Pre/Co	Theory	Practical	Total	
						9	7	16	
Total						87	49	136	

Elective courses							
	Course Code	Course Title		Credit Hours			College or Department
				Lec	Lab/Cl	Total	
1.	ELEC 311	Life Style Modification in Chronic Illness		2	0	2	Professional Nursing
2.	ELEC 312	Palliative Care		2	0	2	Professional Nursing
3.	ELEC 313	Health Economics		2	0	2	Professional Nursing
4.	ELEC 314	Human Behavior and Development		2	0	2	Professional Nursing
5.	ELEC 315	Islam and Society		2	0	2	Professional Nursing
6.	ELEC 411	Society and Health		2	0	2	Professional Nursing
7.	ELEC 412	Family Health and Child Protection		2	0	2	Professional Nursing
8.	ELEC 413	Alternative and Complementary Medicine		2	0	2	Professional Nursing
9.	ELEC 414	Nursing Informatics		2	0	2	Professional Nursing
10.	ELEC 415	The Poet and the Poem (Text)		2	0	2	Professional Nursing
11.	ELEC 416	Applied Nursing Research		2	0	2	Professional Nursing
12.	ELEC 417	Cultural Diversity in Health and Illness		2	0	2	Professional Nursing

Description of Courses

All courses offered in BSN Program are listed below. Each course has a course title, course code, course description, and learning outcomes. The number enclosed in parentheses indicates the number of credit hours (Lecture and Clinical) for the courses.

Pre-Professional Courses

ENGL 101 – ENGL 102 – ENGL 103

English Communication Skills

English Grammar I

English Reading & Vocabulary I

Course Code: ENGL 101, ENGL 102, ENGL 103

Credit: (14)

This is a four-month course in communication skills designed for students in their first semester of the Pre-Professional Program. It emphasizes the development of general listening, reading, writing and speaking skills essential for daily communication tasks inside and outside of the classroom. In addition, students are given an overview of the English tense system and grammatical structures that are presented through extensive drill practice, guided conversation exercises, and written homework assignments. It also provides students with regular reading practice from a variety of sources such as graded readers and passages selected from original articles published in a variety of periodicals and newspapers. The approach is multi-skilled; all four language skills are developed systematically and new vocabulary is integrated into thematically arranged units. The course is divided into two components: Oral Skills LAB and Supplementary Reading and Writing Sessions.

ARBC 101

Arabic Language Skills I

Course Code: ARBC 101

Credit: (2)

Language skills are one of the subject in general preparation and it aims to provide students with the language skills of various types of proficiency in the language of communication between the student and the surroundings educational and practical. This course addresses the elements of linguistic communication, and functions of language, and the objectives of contact in the health field. Students also study the skills of research in Arabic dictionaries, and basic skills in grammar, with a side of applied care for those skills.

ISLM 101

Islamic Culture

Course Code: ISLM 101

Credit: (2)

Introduce the meaning of Islamic culture in general and in relation to the student exposure to cultural goals, examine the moderate position of Muslims to other culture, and introduces the student to the interlocation between cultures and general characteristics of Islamic culture.

ENGL111-ENGL112-ENGL113

English Academic Writing

English Grammar II

English Reading and Vocabulary II

Course Code: ENGL 111, ENGL 112 m ENGL 113

Credit: (6)

This is an intensive English Language Program for intermediate and advanced level students in the Pre-Professional Program at KSAU-HS. The goal of this English Language Program is to provide students with extensive daily practice in academic reading, vocabulary, oral communication, grammatical structures, and writing. It also aims to help these students acquire the language skills necessary for pursuing careers in the health sciences and undergoing practical training in an environment where English will be the principal medium of instruction and communication.

ARBC 111

Arabic Language Skills II

Course Code: ARBC 111

Credit: (2)

The course aims at developing the writing skills of the students, starting at the word level and proceeding to the sentence, paragraph, and essay levels. The course includes an introduction to Arabic editing terms and presents a definition of writing. It also covers the different modes of writing and the historical stages of recording written Arabic. The course also handles the components of writing such as the word, the sentences, and the paragraph. It discusses the style and the characteristics of eloquent writing. The students also do literary analysis that includes prose and poetry. They also receive training in writing summaries, letters and reports.

BIOL 101

Biology for Health Sciences

Course Code: BIOL 101

Credit: (1+1)

This is an introductory course aiming to provide students with an understanding of the basic biological concepts, the basic language of biology, the nature of life, the chemical nature, the structure & the function of the living cell, cell multiplication, the chemical events & energy usage in cells and the concepts of inheritance. This course provides an introduction to cell biology, molecular biology, genetics, and microbiology.

CHEM 101

Chemistry for Health Sciences

Course Code: CHEM 101

Credit: (3+1)

This is a four-credit hour course including lab designed for students who will join health sciences colleges. It intends to provide these students with tools to understand basic chemistry related to health sciences. The course consists of 15 weeks of lectures and five labs. This course provides the students with in depth knowledge of general as well as organic chemistry. The students will be given problem sets for practice to aid them in problem-solving.

PHYS 101

Physics for Health Sciences

Course Code: PHYS 101

Credit: (4)

This is a four-credit hour course designed for students who will join health sciences colleges. A study of major concepts and laws of classical and modern physics which will provide students with a foundation for understanding, a conceptual level, the natural phenomena and technological applications encountered in medical fields and on everyday life. The course consists of 15 weeks of lectures.

ENGL 201

Medical Terminology

Course Code: ENGL 201

Credit: (2)

This course is designed to help nursing students acquire a good working knowledge of medical terms used in medical practice. Word building system is used for analyzing and constructing new terms. Introduction to word parts including prefixes, suffixes and combining form is taught. The course is divided according to body systems. First, an overview of the structure and functions of each system is discussed. This is followed by short descriptions of common and important disorders, diagnostic and treatment procedures and medical specialties related to each system. Emphasis is placed on spelling and pronunciation. Students will practice using medical terms in practical context through the use of case studies and clinical situations.

ENGL211-ENGL212

Advanced Grammar & Writing for Health Sciences

Advanced English Reading and Vocabulary for Health Sciences

Course code ENGL 211, ENGL 212

Credit: (4)

This is the third semester of Intensive English for students in the Pre-Professional Program at KSAU-HS. The goal of this semester is to provide students with advanced practice in academic reading, vocabulary, oral communication, grammatical structures and medical terminology. It also aims to help these students acquire the language skills necessary for pursuing careers in the health sciences and undergoing practical training in an environment where English will be the principal medium of instruction and communication.

BIOC 215

Biochemistry for Nursing

Course Code: BIOC 215

Credit: (3+1)

This is a biochemistry course specially designed to nursing students. The course aims to lay the foundation of biochemistry and to introduce correlates relevant to nursing practice. The big picture of medical biochemistry will be given with less emphasis on memorization of structures, formulas, and pathways. The course will cover the basic chemical structures of cellular macromolecules. The mechanism of action of enzymes will be explained. The difference between anabolic and catabolic pathways will be elucidated. An overview of the metabolism of carbohydrates, lipids, proteins, and amino acids will be given with emphasis on regulatory steps, number of steps, and energy yield. The course will include the digestion and absorption of carbohydrates, proteins, and lipids. It will also cover special relevant topics in molecular biology such nucleic acid structure and nucleotide metabolism. Biochemical aspects of diabetes will be also discussed. Six laboratory sessions will be conducted to illustrate aspects of the theoretical course, and to teach students essential practical skills.

BIOS 201

Introduction to Biostatistics

Course Code: BIOS 201

Credit: (2)

The Biostatistics part of this course will provide a basic introduction to the conceptual and quantitative tools used to describe and interpret data for students in the biological life, and health sciences. The topics include data collection, graphical displays of data, descriptive statistics, basic concepts of probability and sampling distributions, continuous distributions including normal and t-distribution, estimation of power, sample size and hypothesis testing, and describe and compare bivariate data, and basic skills for using SPSS and STATDISK.

COMP 201

Computer Science & Health Informatics

Course Code: COMP 201

Credit: (2+1)

The course is intended to provide the student with an understanding of basic computer use and operation. Content includes different topics on computer science and Health Informatics. The student will be able to utilize the computer for planning and management of patient care, data search, preparation of learning material, presentations of research data and analysis of given results, as well as report writing using Microsoft Access And Microsoft Excel.

PNUR 201

Anatomy & Physiology I for Nursing

Course Code: PNUR 201

Credit: (2+1)

Anatomy is the science of the structure of the human body. Physiology is the science of the functions of the different body systems. Nursing students should understand the basic anatomy and physiology of the human body and their clinical significance. This understanding is necessary for further study of pathophysiology and clinical sciences such as medical-surgical nursing.

This course focuses on the structure and function of the human body. It covers a review of an introduction to the human body, body tissue, the integumentary system, the skeletal system, the muscular system, the nervous system and the endocrine system. It is the first part of a two-part sequence of the systems being covered in Anatomy & Physiology II. The course is designed to have laboratory experiences in parallel with the lectures.

NURS 201

Fundamentals of Nursing

Course Code: NURS 201

Credit: (3)

This course is designed to introduce students to concepts and theories related to the paradigm of person, health, environment and the discipline of nursing. It introduces students to nursing as a dynamic and caring profession. In particular, it focuses on the work of Dr. Jean Watson and her theory of nursing as caring. It incorporates a foundational overview of health care delivery systems by surveying key concepts, frameworks, and processes related to health care organizations. Learning experiences are designed to introduce students to nursing process and to communication skills as a foundation for beginning health assessment and basic nursing care for individuals throughout the lifespan, while at the same time stimulating critical thinking skills and evidence-based nursing practices. The clinical placement will be preceded by two weeks introduction in the Nursing Skills Lab. Supervised Clinical experience may include but not limited to bedside teaching, clinical rounds, direct patient care, health education, scenarios analysis and case study.

NURS 202

Fundamentals of Nursing II

Course Code: NURS 202

Credit: (2+2)

This course introduces nursing students to the basic concepts, process, skills, and techniques for nursing practice with emphasis on fundamentals of medical-surgical nursing within the framework of the nursing process. The students will practice in a simulated training area (Nursing Skills Lab). The theoretical and practical knowledge furnished in this course will help the student to make a sound clinical judgment in carving out fundamental nursing activities in real clinical setup. The clinical practical experience will be carried out in the Nursing Skills Lab except the last four weeks will be conducted in the hospital if circumstances permit.

PNUR 202

Medical Microbiology

Course Code and Title: PNUR 202

Credit: (2+1)

In this course, students will receive a broad background of disease-causing microorganisms, with emphasis on morphology, immunity, pathogenicity, mode of microbial infections, the diagnostic and control methods. Organisms to be studied include selected bacteria, fungi, viruses, and parasites of medical importance. The laboratory component will involve learning basic laboratory skills and microbial techniques.

PNUR 203

Pathophysiology

Course Code: PNUR 203

Credit: (3)

Pathophysiology is one of the most important bridging sciences between the pre-clinical and clinical courses for students in health sciences. Pathophysiology is a total concept and application course which requires the students to totally understand and process the information, not just memorize it; this may be something new to a lot of the students and many need a new way of studying. The course introduces the concepts of pathophysiology as they correlate to disease processes. It increases the integration of health promotion and disease prevention with updating risk factors.

PNUR 211

Anatomy & Physiology II for Nursing

Course Code and Title: PNUR 211

Credit: (2+1)

This course enables the student to develop clear concepts of various body systems, their structural organization and how they function to support life. Special emphasis is placed on the interrelationship between different organs and body systems. Loss of homeostasis leading to disturbance of body functions will also be discussed. Clinical examples will be used to stimulate critical thinking.

Nursing Courses

NURS 201

Fundamentals of Nursing

Course Code: NURS 201

Credit: (3)

This introductory course is designed to introduce novice-nursing students to basic concepts related to discipline of nursing as a dynamic and caring profession. The meta-paradigms of person, health, nurse, and environment are also integrated. The course also incorporates a foundational overview of health care delivery systems, legal and ethical aspects of delivering nursing care. Learning experiences are designed to introduce students to the nursing process,

communication skills as a foundation for caring for individuals, families, and community throughout the life span.

NURS 202

Fundamentals of Nursing II

Course Code: NURS 202

Credit: (2+2)

Pre-Requisite: PNUR 211

Co-Requisite: NURS 201

This course introduces nursing students to basic concepts, processes, skills and techniques that are essential for nursing practice. The emphasis is on the fundamental theoretical concepts and skills of medical-surgical nursing within the framework of the nursing process. The theoretical and practical knowledge furnished in this course will help the students to make sound clinical judgment in carrying out fundamental nursing activities in the clinical setup.

In this course, the students practice in a Nursing Skills Lab. The last 2 weeks will be carried out in the hospital if circumstances permit, to orient the students to the real clinical environment.

NURS 311

Health Assessment

Course Code: NURS 311

Credit: (2+2)

Pre-Requisite: PNUR 211

The health assessment course provides the student with the opportunity to develop skills in health assessment across the life span through holistic perspective of clients' health status. Using a multi-theoretical and practical approach, the application of selected principles from physical and social sciences are incorporated throughout the course.

Laboratory experiences provide and enable students to apply the theoretical knowledge in performing comprehensive physical examination and health assessment to a diverse population – both healthy and ill clients. The course also helps students to develop skills and

techniques which are required for a comprehensive assessment within a legal/ethical framework of nursing profession.

Laboratory time is scheduled for the development of physical examination and health assessment skills needed for adult clients. Included are interviewing, subjective and objective data collection techniques, and a review of documentation.

NURS 322

Normal Growth & Development

Course Code: NURS 322

Credit: (2)

This course provides students with the basic knowledge about human growth and development with emphasis on physical, cognitive and psychosocial development. The course enables students to understand and assess the normal process of human growth and development throughout the life cycle, as well as developmental challenges and needs during different stages of human life.

NURS 321

Nursing Care of Adults I

Course Code: NURS 321

Credit: (3+3)

Pre-Requisite: NURS 202

Co-Requisite: NURS 314

Pre/Co-Requisite: PNUR 203

This course focuses on applying and implementing the nursing process and critical thinking skills in the care of adults experiencing a variety of bio- psychosocial health changes. The course focuses on secondary and tertiary prevention and also emphasizes professional health care delivery based on research and evidence-based practice principles whilst integrating humanistic and professional values. Content areas include respiratory, cardiovascular, digestive, diabetes mellitus and hematologic disorders.

Clinical experiences are designed to assist nursing students to utilize the nursing process as a framework of care for adults with actual/potential and acute/chronic changes in their functional health status. These clinical experiences take place in the medical and surgical

units of the hospital. Students should also be able to incorporate the standards of professional practice, the code of ethics, and principles of culturally sensitive care in their nursing care practice.

NURS 316

Nursing Care of Adults II

Course Code: NURS 316

Credit: (2+3)

Pre-Requisite: NURS 321

This course offers an expanded explanation for concepts related to nursing care for individuals experiencing common complex alterations in health. Focus is placed on the bio-psycho-social responses of adults to actual/potential and acute/chronic conditions that affect their health. This course emphasize the students' utilization of the nursing process and critical thinking to formulate a comprehensive nursing care plan for the delivery of holistic care for adults. Research and evidence-based practice along with humanistic and professional values are also included. Content areas include neurological disorders, renal disorders, metabolic and endocrine disorders, cancer, musculoskeletal alterations, immunologic functions, eye and ENT disorders.

Clinical experience of this course is designed to help students incorporate nursing process, and critical thinking approach along with professional standards and ethical issues in the delivery of care. Applying theory and research findings to provide holistic care for adults will be stressed. The clinical experiences for this course held in the medical and surgical words.

NURS 417

Psychiatric and Mental Health Nursing

Course Code: NURS 417

Credit: (2+3)

Pre/Co-Requisite: NURS 316

This course focuses on strengthening the student's concept of health, mental health, human relationships and application of the nursing process with individuals demonstrating maladaptive coping responses, personality disorders and experiencing various mental health

problems. In addition, the course introduces the students to the common psychiatric illnesses across the lifespan and to apply the nursing process with clients experiencing behavioral and psychological disorders. The course emphasizes the roles and responsibilities of the nurse in the assessment of the patient's mental status, therapeutic communication techniques, medication, non-medication interventions and establishing therapeutic environments. The course prepares the student to provide holistic care to patients experiencing mental health problems, at primary, secondary and tertiary levels of health care.

Clinical experiences will enable the student to develop the effective use of herself and to apply the therapeutic communication process and phases of the therapeutic nurse-client relationship. Clinical experiences also focus on the nursing assessment and clinical management of individuals with acute and chronic mental illness in the clinical setting. Students are expected to incorporate professional standards as a basis for practice, apply critical thinking, use theory and research findings to provide holistic care to patients experiencing mental health problems. In providing this holistic care the principles of psychiatric nursing, psychopharmacology, and therapeutic relationship skills are integrated. Cultural, ethical and legal dimensions are addressed in the delivery of holistic nursing care.

NURS 318

Communication for Health Professions

Course Code: NURS 318

Credit: (2)

The main purpose of the communication course is to prepare the undergraduate students to demonstrate understanding of different levels, types of professional communication, structure of the client-nurse relationship, conflict resolution between nurse and patient, and professional, cultural, legal, and ethical standards guiding professional relationship in nursing. Moreover, demonstrate effective communication skills when working with clients, peers, and work groups. Enable students to discuss barriers and bridges to the development of therapeutic relationships. Identify the strategies used to communicate with patients with communication deficits. Special emphasis is placed on communicating with clients from different age groups, patients in stressful situations, crises and those experiencing communication difficulties.

NURS 418

Nursing Care of Children & Their Families

Course Code: NURS 418

Credit: (3+3)

Pre-Requisite: NURS 316 + NURS 321

Pre/Co-Requisite: NURS 322

This course is designed to acquaint the student with the nursing care of infants and children within the framework of normal physical, cognitive, and psychosocial development. The disease conditions of childhood are described in relation to the body systems integrating nutritional, psychological, pharmacological, teaching-learning and rehabilitation aspects throughout the course. Clinical experiences are designed to help the student integrate theory and research findings to provide holistic care for children, adolescents, and their families.

NURS 419

Woman and Newborn Health Nursing

Course Code: NURS 419

Credit: (3+3)

Pre-Requisite: NURS 316

This course is designed to equip the student nurse with knowledge, skills and attitudes necessary to provide quality care for women during pregnancy, labor and delivery, postpartum period and for women with gynecological health problems. It will also equip the students to provide care to the newborn. Major bio-psycho-social-spiritual concepts related to the mother and fetus in the antepartum, intrapartum, postpartum and neonatal periods are emphasized. It also familiarizes the learner with the concept of high-risk pregnant women and facilitates critical thinking skills within the frame of the nursing process.

NURS 324

Nursing Research

Course Code: NURS 324

Credit: (3)

Pre/Co-Requisite: BIOS 201, NURS 323

This course provides students with knowledge and skills that promote a nursing research. The course focuses on the integration of theory, practice, and research. The course will provide students chances to become familiar with the various methods of scientific inquiry including both qualitative and quantitative. Orientation to the research process will provide the students with the opportunity to understand the evidenced-based practice in nursing and health care and to develop a basis for critically evaluating research findings and applying the results to practice in a variety of clinical settings.

NURS 415

Community Health Nursing & Health Education

Course Code: NURS 415

Credit: (3+2)

Pre-Requisite: NURS 418, NUR S419

This course introduces the student to the concepts and principles of community health nursing. Community health is a blend of two components: public health with its roots in epidemiology and the art and science of nursing. While students work with individuals, families, groups and specific populations, emphasis is on the community as a client and the critical evaluation of a population focused practice of nursing. Students assess families, communities and the environment to identify health needs and to apply evidence-based based nursing practice at primary, secondary and tertiary levels of prevention.

NURS 414

Critical Care Nursing

Course Code: NURS 414

Credit: (2+3)

Pre-Requisite: NURS 316, NURS 418, NURS 419

This undergraduate course is developed to be an introductory course, introducing students to the basic concepts and practice of Critical Care Nursing. It focuses on the role of the professional nurse in monitoring, implementing, and evaluating the care provided to patients and their families in critical care settings. The overall aim of the course is to provide students with a basic knowledge and skills in the area of critical care nursing. Therefore, students are expected to demonstrate the ability to assist (under direct supervision) in the provision of safe and effective nursing care to critically ill patients.

NURS 416

Nursing Management & Leadership

Course Code: NURS 416

Credit: (2+2)

This course focuses on the study of theories, principles and basic concepts related to management and leadership. It introduces the student to key skills such as communicating effectively, handling conflict, delegating successfully, building teams, motivating personnel, controlling human resources, improving quality, managing stress, leading change and managing information technology. In addition, the design of the course promotes an understanding of theories and principles of management with application to management of nursing practice.

NURS 314

Clinical Pharmacology

Course Code: NURS 314

Credit: (3)

Pre-Requisite: PNUR 203

This course is designed to focus on the basic concepts of Pharmacology i.e., principles of pharmacodynamics and pharmacokinetics of drugs, and drug classification, with emphasis on

their clinical applications within the context of the nursing process and prioritization of needs; with special consideration given to the model of Transcultural nursing. The student will be able to identify individual drug main uses & interactions of clinical importance. Nursing implications relative to the utilization of drug therapy are examined. Furthermore, it will enable the student to predict potential drug interactions & hazards of medications. Specific prototypes of selected drug classifications provide the framework for understanding the actions, uses & side effects of drugs. Moreover, legal & ethical responsibilities for drug administration are considered together with nursing considerations in drug administration.

NURS 320

Clinical Nutrition

Course Code: NURS 320

Credit: (2)

Pre-Requisite: BIOC 211

This course explores principles and concepts of nutrition and nutritional management of common health problems. Course content includes a study of food nutrients and their metabolism in health and requirements of an adequate diet as applied to feeding individuals of all age levels. Special emphasis is placed on nutritional assessment, selection of food required to meet physiological and psychological needs of individuals. Nursing consideration pertinent to dietary therapies is addressed.

NURS 323

Epidemiology and Population-Based Health Care

Course Code: NURS 323

Credit: (2)

Pre-Requisite: BIOS 201

This course is an introduction to epidemiology and the epidemiological approach to population-based health care. The basic principles and methods of epidemiology are presented together with many of the applications of epidemiology to clinical practice and public health. Topics include dynamics of disease transmission, measuring occurrence of disease, validity, and reliability of screening tests, randomized trials, cohort studies, case-control, cross-sectional studies, inferences, bias, confounding and interaction.

Elective Courses

ELEC 312

Palliative Care

Course Code: ELEC 312

Credit: (2)

This course is designed to introduce students to philosophy, concepts, and principles of palliative care nursing. It incorporates learning experiences that are designed to prepare students to provide nursing care focusing on physical, psychological, social, and spiritual aspects. It considers the family as the unit of care, which include taking care of them before, during, and after the death of their loved ones. The course aims to prepare students with regard to gain understanding in: development, philosophy and principles of palliative care nursing, dimensions of quality of life and at end of life care and culturally sensitive psychosocial support and spiritual care for patients with life threatening diseases, considering legal and ethical parameters of palliative care.

ELEC 412

Family Health and Child Protection

Course Code: ELEC 412

Credit: (2)

This course will shed light on two major problems affecting the society, Child Abuse and Domestic Violence. It will address the medical, social, legal aspect of each problem in the world and locally in SA. The course will focus on key discipline / subject-based knowledge, concepts and skills for nurses in the fields of pediatrics, family medicine, etc. Central to the course are examinations of causal factors, the psychology of victim and offender, societal impact, treatment and intervention strategies, and the nursing role.

Admission and Registration

The process of admission and registration is started by the deanship of admission and registration.

Admission Requirements

In order to accept the student at the university the following is required:

- A. The student should have obtained a general high school certificate from inside or outside the kingdom of Saudi Arabia with minimum GPA 90% according to the unified regulations list of Admission.
- B. The student should have obtained the GAT & SAAT test from the National Center for Assessment in Higher Education.
- C. The student should successfully pass the interview in order to be accepted in the University.
- D. The student should be medically fit.
- E. The student should satisfy any other conditions the University Committee determines, announced during application.
- F. The student should not be a regular student in another university.

Medical Examination & Student Vaccination

- 1. All admitted nursing students are requested to complete their medical exam and serology test at the hospital Employee Health Clinic.
- 2. Each student is responsible for completing the needed vaccination doses by the end of the first semester.

Student Stipend

A bank account will be created for all new admitted students

- CON Students will receive a monthly student stipend as per the Ministry of Higher Education rules and regulations.
- In-Progress students with low GPA who receive their academic warning will have their stipend hold until the warning is cleared.
- Only In-Progress students are eligible to receive a stipend.
- The stipend will be stopped if a student drops the semester, postpones or discontinues her studies, she will resume receiving her stipend with continuous attendance at the college.

Student Rights and Obligations

Students' Academic Rights

- a) Getting the student handbook that provides information about the university, its policies and facilities including *the student right bylaws*.
- b) Organizing an orientation program for the freshmen at the beginning of the academic year.
- c) Upon admission at any college, a student must be given a certified study plan that indicates the number of credits, levels, courses and the graduation requirements.
- d) Each faculty has to clarify for the students in the first lecture the course contents, objectives, topics and achievable skills, testing and assessment methods.
- e) Participating in the assessment of the provided education and using the feedback to improve the education quality at the university.
- f) Creating a suitable environment for a better understanding and achievement by providing all the available learning materials.
- g) Having access to the schedules before the beginning of the academic year and the registration procedures for the available courses.

- h) Faculty members have to adhere to the time of the lectures and exams and fulfill all the academic hours of the courses. If necessary, faculty may change the time of the lectures or cancel them provided that the students are familiar with that. Cancelled lectures as well as the lectures in which the faculty was absent have to be delivered again upon coordinating with the concerned department and students.
- i) Having the opportunity to discuss with the faculty all the student-related questions and performance during the lectures or office hours without penalizing the students.
- j) Exam questions have to be in accordance with the course objectives and are taken from the course syllabus or the topics that have been raised during the lectures. The marks of the exams have to be distributed logically to guarantee a fair assessment of the students' skills.
- k) Conducting all the exams unless there is a reason specified in the rules and regulations in this matter.
- l) Announcing the names of DN students five business days minimum before the exams and giving the students the right to appeal for five business days after that date of announcement.
- m) The students can get feedback about the midterm exams which assess their performance before the final exam.
- n) The students have the right to request a second revision of their exam after it has been submitted in accordance with Study and Examination bylaws.
- o) Getting all the marks of the quizzes and midterms before the final exam upon completion of grading.
- p) Helping the students to get all their rights on campus by the administrative and academic authorities in accordance with the university rules and regulations.
- q) All faculty and staff members have to respect the students and give them all their academic and moral rights.

Non-Academic Rights

- a) Students have the right to be treated fairly and with dignity and creating a peaceful and safe learning environment. Protect students from discrimination and threatening.
- b) Issuing and Identification card to have access to all the services provided by the university in accordance with the policies.
- c) Students have their right to protection against improper disclosure of their education records and personal information.
- d) Participating in all campus activities according to the university rules and regulations.
- e) Students have the right to medical care in all university-related hospitals and clinics.

- f) Having access to all the university services and facilities in accordance with the university rules and regulations.
- g) Students have the right to get all the legal financial rewards and stipends.
- h) Students have the right to participate in workshops, domestic and abroad programs and trips as well as the cultural activities, local community services and voluntary work.
- i) Students have the right to file a complaint regarding any matter against any faculty, department, college or any of the university units in accordance with the rules and regulations specified in this Bylaw. Students should be enabled to follow up with their complaints with the concerned department in the university.
- j) Enable the student to defend himself before any department against any violation of which he has been accused as listed in Article four of these bylaws. A student's right to defend himself will be waived if he fails without excuse to show up twice for an investigation appointment of which he had already been informed. The disciplinary decision in this case will be made in absentia.
- k) A student can complain about a disciplinary action to be taken against him as per the provisions of this Bylaw.
- l) A student's file and its contents must be kept within the university and must be handled with integrity. No file contents will be handed except to the student, his parents or any government authority whose regulations stipulate that. None of the file contents should be exposed or published unless this is part of the disciplinary action taken against the student.
- m) Providing disabled students with accessible amenities and proper services according to the rules and policies in this regard.
- n) Student Affairs Deanship has to attend to the rights of the students stipulated in this article and follow up their fulfillment.

For full students' Rights and responsibilities, please refer to the below link:

<http://conj.ksau-hs.edu.sa/index.php/students/academic-bylaws>

Academic Affairs Department

Registration & Scheduling Process

1. Students' registration in courses will be entirely automatic before the start of each academic semester (unless they are academically dismissed) and will not require academic advisors' approval or confirm\ of registration by the Academic Affairs.
2. The student may discontinue studying a course and /or add a study course to her perfect degree program after the approval of the Academic Advisor and the Associate Dean of Academic Affairs or a delegate.
3. Each student is responsible for the courses she has been registered in. Students' attendance will be taken and counted from the first day of the beginning of classes.
4. Any student who is not able to attend the classes must apply for the college's approval to drop the semester. Otherwise, the student will be considered as failed in all registered courses.
The first academic year of the pre-professional program is compulsory, and deferring or dropping is not permitted.
5. Both students and their related academic advisors will receive the students' registered course schedules through the SIS during the week preceding the beginning of classes.
6. In case a student is not able to open her e-mail for any technical reason, she can receive her course schedule from her academic advisor or Associate Dean Office.
7. The minimum academic load is twelve (12) credit hours during a regular semester, and the maximum academic load is (20) credit hours.
8. The Associate Dean has the authority of approval for exceeding the maximum academic load for a student, provided that the total of credit hours does not exceed 22 hours.
9. The number of levels from which courses can be registered is determined by two successive study levels.

Academic Counselling

Academic Bylaws

- Academic Bylaws
- Study and Examinations Bylaws
- Students' Rights and Responsibilities Bylaws
- http://dqm.ksau-hs.edu.sa/?page_id=15

Academic Policies and Procedures

- Students' Engagement
- Academic Counseling
- http://dqm.ksau-hs.edu.sa/?page_id=1032

Academic Counselor

1. Upon admission to the College, every student is assigned to a Academic Counselor who is available to answer questions about courses and program, to review the past, current and proposed course work, to guide educational and career planning and to help with academic-related problems.
2. All students must be officially notified about their assigned Academic Counselor through the SIS /e-mail within one month from joining the program.
3. The Academic Counselor must contact the new students assigned to her to schedule the counseling appointments.
4. All students must meet with their academic advisors several times during each semester to review their progress, or to consult for any other study or related issues.

Students are expected to:

1. Set time for scheduling advisory meetings with the academic counselor.
2. Participate proactively in the decision-making process related to their study plan.

3. Be open-minded to the academic advisors' recommendations and be willing to take action on areas that require improvement.
4. Read all the college communications, and meet all college deadlines that might affect their study plans.
5. Evaluate the advising system when requested in order to strengthen the advising process.

Student Attendance & Absenteeism

- Three Letters of Absenteeism Warning will be sent to the student by SIS as follows:
 - At a rate of (10%) absenteeism the first letter of warning.**
 - At a rate of (15%) absenteeism the second letter of warning.**
 - At a rate of (20%) absenteeism the third letter of warning.**
- In each given semester **25% rate of absenteeism** for each course is considered the maximum to be reached.
- Students with absenteeism **rate greater than 25%** of the total lectures, practical, and clinical classes for a course during the semester shall be deprived from taking the final examination and will be considered as a failure in the course and will be given the denial grade (DN).
- The names of DN students are announced five business days' minimum before the exams and giving the students the right to appeal within five business days after that date of announcement
- Sick leaves (original copy) must be submitted to the Student Affairs Department within a week from the date of the absenteeism notification and copy must be submitted to the course instructor and Academic Affairs as soon as the student reports back to classes. Student Affairs Department should notify Academic Affairs about the sick leave immediately.
- Sick leaves must be from governmental hospitals.

Clinical site Attendance:

1. Attendance in all scheduled clinical and lab experiences are expected
2. Transportation to and from home, clinical, lab and college classes is the student's responsibility.

3. Lateness of 10 minutes or more will constitute as a clinical absence from the first time.
4. All clinical and lab absences numbering 25% indicates:
 - The student has not been able to participate in the required clinical experiences necessary to develop Nursing skills.
 - The student has not cared for a variety and sufficient number of patients
 - Under this condition the instructor will not be able to assess the student's capabilities and will not be able to render an evaluation of the student's clinical performance. The student will therefore automatically fail the clinical and not allowed to enter the final exam and need to repeat the whole course.

Assessment & Examination

Course requirements and mark distributions are incorporated in syllabi and clinical manuals, which students receive at the beginning of the semester. Academic advisors review requirement in each semester with each advisee.

All assessment and examination material is conducted, monitored, and stored in the assessment unit.

Rules & regulations

1. The date of the midterm exams and the distribution of homework, quizzes, assignments, and participation are announced by the course coordinator at the beginning of each semester as per the course description (syllabus).
2. The student can get all the marks of the quizzes, midterms before the final exam upon completion of grading.
3. The student can get feedback about the midterm exams which assess her performance before the final exam.
4. Students have the right to object to their grade within five working days from the date the midterm- exam is posted.
5. The duration of the final written examinations, in any case, should not be less than one hour nor exceed three hours.

6. The student should not have previously made five requests of result review of final exam answer papers in courses they have already studied.
7. Students have the right to submit an official appeal to the Associate Dean/ Dean for result review of the final exam answer papers within ten working days after the final exam grades are announced.
8. If the student approves the accuracy of exam correction, they sign on their appeal. If the student disapproves the accuracy of the exam correction, the appeal will be submitted to the associate dean of academic affairs or a delegate.
9. The maximum number of result review requests by a student is limited to TWO (02) in one academic year.
10. Any student cannot request more than total of three exam review during his/her college study if all the three revisions proved to be related to inaccurate complaints.
11. The grade calculated for the student who is absent from the final examination without accepted excuse shall be zero in the exam.
12. Students who are absent from the final examination in any course and the College Council or whoever it delegates accepted their excuse shall be given the grade they obtain after sitting for the Make-up exam.
13. Students cannot enter the final exam half an hour after its commencement and are not allowed to leave the room during the first half an hour after the exam begins.
14. Cheating or attempting to cheat in an examination and/or violations of instructions and examination procedures are actions subject to punishment in accordance with disciplinary rules issued by the University.
15. Students should be on time for each examination.
16. Students must continue following the dress code policy during the examination.
17. Students are not allowed to bring any bags/books into the examination rooms.
18. No electronic devices such as electronic dictionaries and smart watches will be permitted into the examination room. Calculators may be allowed if the examination requires a mathematical solution.

19. Students are expected to bring enough pens, pencils, rulers and erasers for use during the examination. Sharing of such items is not permitted during an examination.
20. Students should turn off all mobile phones during the examination.
21. Each student is asked to sign an attendance sheet for each examination. This sheet will be available at the examination room.
22. The course instructor will be available during examination time to answer questions. After which, he/she should leave.
23. Students in need of the toilet must be escorted during the examination.
24. When a student withdraws from CON or drops the semester, all registered courses will be given “Withdrawn” grade, code “W”.
25. Students whose absenteeism exceeds 25% are prohibited from taking their final examination for a specific course and hence will be given “Denied” grade, code “DN”.

Re-sit Assessment: An examination that is administered for failing students in courses specified by the College Council or any authorized body so that the student’s final grade registered in his academic record after passing the re-sit exam shall be “Acceptable” or (D).

Make-up Assessment: An examination that is administered to the student within standards set by the College Council or the authorized body. This examination is for the courses which are given an incomplete grade or (IC) for the student’s not attending for the approved basic examination.

The progress test is conducted twice annually by the three sister colleges in the middle of each semester. It is directed to professional nursing students of level 5, 6, 7, and 8.

Grading System

Grading system:

A: COURSES WITH A CLINICAL COMPONENT

Course Work 60%

- **Theoretical 60%**

○ Quizzes	10
○ Assignment	11
○ Midterm	15
	<hr/>
	36

- **Clinical 40%**

○ Performance incl. Professionalism	15
○ Mini OSCE	5
○ Attendance	4
	<hr/>
	24

Final 40%

- **Theoretical 25%**
- **Practicum 15%**

B: COURSES WITHOUT A CLINICAL COMPONENT

Course Work 60%

- **Theoretical 60%**

○ Quizzes	20
○ Assignment	20
○ Midterm	20
	<hr/>
	60

Final 40%

Grade Codes

Code in English	Degree Border	Points	Meaning in English
A+	95-100	5.00	Exemplary
A	90 less than 95	4.75	Excellent
B+	85 less than 90	4.50	Merit
B	80 less than 85	4.00	Very Good
C+	75 less than 80	3.50	Above Average
C	70 less than 75	3.00	Good
D+	65 less than 70	2.50	High Pass
D	60 less than 65	2.00	Pass
F	less than 60	1.00	Fail
IP	-----	-	In progress
IC	-----	-	Incomplete
DN	-----	1.00	Denial
NP	60 and more	-	No grade Pass
NF	Less than 60	-	No grade Fail
W	-----	-	Withdrawn

Calculating Semester's GPA:

- a) Calculate “**Course Points**” for each course registered for the specific semester according to the following equation:

$$\text{Course Points} = \text{course grade value} \times \text{number of course credits}$$

- b) Calculate the sum of all courses points for that semester:

$$\text{Total courses' points} = \text{the sum of all courses points of a semester}$$

- c) **Semester GPA:** Total courses points of the semester / Total courses credits of that semester.

Calculating Cumulative GPA:

- A) Calculate “**course points**” for each course registered for all semesters according to the following equation:

Course points = course grade value X number of course credits

- B) Calculate the sum of all courses points for all semesters:

Total courses’ points = the sum of all courses points of all semesters

- C) **Cumulative GPA:** Total courses points of all semesters / Total courses credits of all semesters.

- Semester GPA and Cumulative GPA are out of five.
- The overall grade for the GPA when the student graduates will be as follows:
 - A. **(Excellent)** if the CGPA is not less than 4.50 out of 5.00
 - B. **(Very Good)** if the CGPA is from 3.75 to less than 4.50 out of 5.00
 - C. **(Good)** if the CGPA is from 2.75 to less than 3.75 out of 5.00
 - D. **(Pass)** if the CGPA is from 2.00 to less than 2.75 out of 5.0

Academic Warnings & Termination of Studies

A. The student shall be dismissed from the college in one of the following cases:

- If she receives maximally three consecutive academic warnings due to a drop in the cumulative GPA to less than (2 out of 5), the College Committee can give a fourth opportunity to those who can raise their CGPA by studying the available courses.
- If the student did not complete the requirements for graduation at most within half the period prescribed for graduation in addition to the period of the program, the College Committee or whomever it delegates may give the student an exceptional opportunity to complete the graduation requirements within a period that should not exceed twice the allocated period for graduation, provided that the student raises their CGPA to the average that entitles them to graduate from their college when given the opportunity.

B. The regulations and bylaws which are applicable to the students in the pre- professional program states that the student is dismissed in the following cases:

- Students are dismissed if they finish two academic years and do not successfully complete the total credit hours required in the first academic year in the pre-professional program in two academic years (4 semesters).
- Students are dismissed if they obtain two consecutive academic warnings because of their CGPA is less than 2.00 out of 5 in their first academic year in the pre-professional program.

Withdrawal from Semester “Semester Drop”

Withdrawal from Semester “Semester Drop” is the process by which students can drop all courses already registered for the current academic semester for a valid reason accepted by the College. Students may withdraw from the semester without receiving a failing grade if they provide an acceptable excuse according to the following:

- Students must submit their request for semester drop at least five weeks before the start of the final examinations as per University regulations.
- The approval of the application for withdrawal from the semester is not considered valid before the student brings her parent’s consent.
- In case the student is not physically capable of completing the request for semester drop on time (e.g. hospitalized), the request and other required approvals must be sent by fax or e-mail. This temporary measure remains effective until the student is capable of completing all procedures in person.
- Semester Drop may include two consecutive semesters or three non-consecutive semesters during the entire study period.
- The student’s stipend will be automatically stopped effective the date of the processing of semester drop request.
- Semester Drop is calculated within the program duration.
- A “Withdraw with Excuse” will be registered in the student’s record for all the courses registered in this academic semester.

Withdrawal from a Course “Drop Course”

- The student may withdraw from one course or more in accordance with standards set by the College Committee within eight weeks after the start of the academic semester.
- The approval is not considered valid before the student brings consent from her parent.
- The course may be dropped in case the student’s absence reaches or exceeds (50%) because of a compulsive excuse approved by the College Committee or a delegate. In this case, the student will be given a “Withdraw with Excuse” (W).

Deferral and Interruption of Study (Postponement of Study)

- Postponement of study is the process by which students can delay their studies before the start of the academic semester.
- Any student, who needs to postpone her study for a specific semester, must submit a request for Postponement of Registration to the Registration Office.
- The request must be submitted one week before classes start.
- The student may apply for deferral of study for the coming semester to the Dean of the College before the end of the academic year or the current semester.
- The student’s guardian’s approval is required.
- Duration of deferral should not exceed two consecutive semesters, or at most, three non-consecutive semesters throughout their study in the college.
- In case the student is not physically capable of completing the request before the end of course registration period (i.e. hospitalized, out of town, etc.), the request for postponing registration must be sent to Registration Office by fax, e-mail, or a delegate. This temporary measure remains effective until the student is capable of completing all procedures in person.
- The student stipend will be automatically stopped effective on the date of processing the postponement of the registration request.
- The student is not considered deferral unless they obtain official confirmation from the Dean of the College or whoever he delegates by email.
- Postponement of registration is not calculated within the program duration.
- The deferred student is registered automatically in the semester following the deferral

duration.

- If the request for deferral is rejected, the student may apply to the Vice President of Educational Affairs.
- Students who are in their pre-professional years are not allowed to postpone their study in their first academic year.

Student Transfer

Transfer from one college to another within the same university:

The student may transfer from one college to another within the same university after the approval of the College Council.

The Dean of the College, to which the student belongs, will submit the recommendation of the committee to the university council or a deputy.

If the transfer is approved, a form of transfer shall be sent to the Deanship of Admission and Registration to change the student's record.

The academic record of the student transferred from one college to another includes all the courses they have studied along the semester and cumulative GPA obtained throughout their study at the university.

Re-enrollment

- If the student wants to resume her education at CON, she must submit a request to the College Council for approving the reactivation of her record.
- Application for re-enrollment within four semesters from the date of registration closing.
- If four semesters or more lapsed after a student's registration was canceled, students can apply to the college as a newcomer.

Withdrawal from the College

Withdrawal is the process by which students can officially close their student record permanently. Any student who decides to withdraw from CON must submit to Deanship of Admission and Registration (DAR) a proof of the following:

- a) Academic counseling.
- b) A request for final withdrawal.
- c) Student's guardian approval.
- d) Sponsored students must present a proof of the approval of their sponsoring institution.
- e) Complete clearance from CON, which is the process of freeing the student's record from any liabilities to CON.
 - If the student is not physically capable of completing the request (e.g. hospitalized, out of town), a request letter for withdrawal must be sent by fax or e-mail. This temporary measure remains in vigor until the student is capable of completing all procedures in person.
 - In case the withdrawn student desires to re-join CON as a regular student, she can appeal to the College.
 - The student's stipend will be automatically stopped effective the date of submitting the withdrawal request to DAR.
 - If the Withdrawal is processed while the student is registered for courses, the student will automatically be given the grade "withdrawn", code "W" which will appear on her transcript for each registered course with the statement "Student Withdrawn" and the date of withdrawal. In case the withdrawal is processed while the student is not registered for any course, only the statement "Student Withdrawn" and the date will appear on the student's transcript in the space assigned for the specific semester.

Student Affairs Department

Introduction

The Students Affairs Department is committed to provide the students with high quality services, programs and activities that enhance, support and complement their educational, social, Intellectual, spiritual and personal development to prepare them for successful personal life and professional carrier.

By its slogan” We Are Here For You”, the department was able to achieve its goals since the opening of the college through different areas:

1. Academic Support Services:

The office works collaboratively with Academic Affairs to support the learning process by maintaining the appropriate educational environment of nursing students through different extracurricular workshops and lectures such as (not limited to):

- a. Notes taking
- b. Study skills
- c. Exams taking tips
- d. Paraphrasing, plagiarism and other

2. Students Development:

This group of activities aims to provide range of lectures, workshops and other activities that influence the development of the student personality and abilities in different fields of life such as (not limited to):

- a. Leadership
- b. Public speaking
- c. Presentation skills
- d. Time management

- e. Communication Skills
- f. Community Service and other

3. Students Activities:

The Office holds and/or supervises different students' activities that reflect students' interests and individual/group growth.

- a. Students Club: The student club works as connection between students and college administration. It encourages students to become leaders, helps them gain practical experience and creates activities for all students. The members of the students club is an elected members from the students body based on the student club APP. Different comities is established under the student club in different fields to reflect students interests.
- b. Celebrating National and International Days: Such as Saudi National Day, Gulf Nurses Day, Breast Cancer Day, Children Day, etc...

4. Recreational Activities:

The Office provides a range of recreational activities that enhance the student's fitness and recreation experience in a positive and safe environment and on the same time meet our religion and culture.

- a. Trips: To different places in Jeddah area.
- b. Gym: Equipped gym to maintain and increase the student health.

5. Students Counseling Office:

The office helps students to cope with and resolve social, emotional, psychological, and educational challenges and overcome adversity in their life to provide positive interaction with the community and reach high levels of academic achievement through (not limited to) :

- a. Individual and group counseling
- b. Workshops
- c. Events

6. General Services:

The Office provides a group of services in addition to the above to maintain the required standards of the college.

a. Reference letter: The department issues the reference letters to the students upon their request for external use at the following link in CON-J website:

<http://conj.ksau-hs.edu.sa/index.php/students/students-e-services>.

b. New students' orientation program

c. College uniforms

d. Students lockers

e. Students referral to the Employee Staff Health Clinic

f. Assist in all students' related activities

Disciplinary Sub-Committees

In colleges with a female division, a committee will be formulated to study cases involving the female division's students. This special female committee shall send their reports and recommendations to the chairman of the disciplinary committee to take necessary action.

Dr. Hend Alnajjar, Associated Dean, Academic & Students Affairs.

Dr. Houaida Helal, Chairperson of Nursing Department.

Dr. Wafaa El Arousy, Assistant Professor.

Dr. Hawazen Rawas, Assistant Professor.

Dr. Sharifa Alsayed, Assistant Professor.

Ms. Somaya Helal, Students Affairs Manager.

Clinical Affairs Department

1. Clinical students

Students in level 5, 6, 7, and 8

Clinical Placement Orientation

All nursing students before commencing their clinical placement should complete the essential clinical placement requirements by attending an orientation program that provides information about policies, procedures and workplace expectations to guide their conduct during their clinical placement.

All students are expected to attend the entire orientation program and submit the signed checklist along with a copy of certifications. . If they have attended before, they need not to submit another signed checklist unless their placement occurs two years after their initial placement.

This document covers four areas which are:

Section I:

- a. Student Expectations, Professional Behavior and Responsibilities.

Section II: Workplace Health and Safety

- a. Fire
- b. Infection control
- c. Safe lifting
- d. Immunization
- e. Handling Workplace Hazardous Materials
- f. Accidents, Injuries and Work Related Incidents
- g. Hospital Codes

Section III: Hospital departments' orientation

- 1. Nursing services
- 2. Nursing education
- 3. Pharmacy
- 4. Laboratory

2. Nursing Interns

Internship training is a fundamental requirement of Ministry of Higher Education in the Kingdom of Saudi Arabia, in order to award Baccalaureate Degree in Nursing (BSN).

The internship concludes the BSN curriculum, and starts straight after successful completion of academic requirements and course work.

The program is designed to enhance socialization of new graduates to professional nurses' role and to progressively consolidate the graduates' knowledge and skills in medical, surgical, pediatric and maternity areas.

The last four months of training is linked to recruitment; it provides an opportunity for Interns to focus on building skills and knowledge needed for future employment or specialization in nursing.

Duration & Working Hours:

The internship training is one calendar year (52 weeks), inclusive of a two-week leave for Eid Al-Fitr, a two-week leave for Hajj, and one day leave for the Saudi National Day. This makes an actual 48-week clinical rotation time inclusive of orientation activities defined mutually by CON and the clinical settings, such as hospital orientation, general nursing orientation, and unit-based orientation.

The interns are expected to work a roster of 44 hours per week except during the holy month of Ramadan when the hours are reduced to 30 hours per week.

Stipend:

Interns will be paid an established monthly stipend as per the Ministry of Higher Education rules and regulations.

The interns will receive a stipend for only a **twelve-month period**. In cases the training period is extended for whatever reason, the extended time will not be paid.

Internship orientation and requirements

Clinical Placement Sites:

Currently, the internship program is conducted in:

- King Khalid Hospital
- King Faisal Specialist Hospital

In Addition, Non-NGHA hospitals might be explored if a need to expand clinical placement sites arises. Exploring, approving and recruiting new clinical placement settings remain entirely the responsibility of the concerned CON.

Completion of the Program

Upon successful completion of the two phases of the program, CON interns will be awarded a degree of **Baccalaureate in Nursing Sciences** from CON, and this will confer them as professional nurses licensed to practice nursing in the Kingdom of Saudi Arabia.

Interns are expected to register with Saudi Council for Health Specialties immediately after completion of internship training.

a) Basic Life Support (BLS) Certification

Interns should have a valid BLS certification to start training. It is the responsibility of each intern to arrange for re-certification of BLS, if needed, before starting the training.

b) English Proficiency Exam (EPE)

Interns are required to take the **National Guard Health Affairs English Proficiency Exam** before they start training

Interns who obtain a score less than 65, as students, are required to re-take the exam again as interns. Interns who obtain a score equal or above 65 are exempted from taking the exams as Staff Nurse later if recruited by NGHA.

3. Simulation Nursing Laboratory

CON-J considers the nursing skill and simulation laboratories as the core area for developing the needed clinical skills to provide efficient and safe patient care as well as for the integration of theory into clinical practices. The aim is to create a feeling of “real life situations” or as close to “real life” experiences as possible.

The Objective/Goals of the Nursing Simulation Laboratories

- Enhance the clinical competence of students through interactive learning experiences
- Allow the students to participate in real life-like situations
- Provide a safe learning environments and experiences that promote clinical skills and understanding in all aspects of health care under guidance of skilled clinical instructors
- Help students to develop problem-solving and decision-making skills
- Make the students’ learning experience realistic and authentic
- Develop critical thinking, clinical reasoning and clinical judgment skills
- Promote and enhance patient safety and quality health care
- Assist the clinical instructor to assess the progress of students towards set clinical objectives for each course/level
- Provide an environment for remedial teaching as identified in real-life clinical (hospital) practice
- Encourage research leading to improvement of clinical settings.

Nursing simulation laboratories rules

A copy of the nursing laboratories rules will be hand out to the student during orientation week.

Laboratory Hours

The nursing laboratories will be open daily from 08:00 – 17:00.

Students will attend clinical demonstrations in the laboratories as per semester schedule and can book an appointment with their clinical instructor/course coordinator and lab custodian to practice their skills during their free time.

Facilities

The nursing simulation laboratories are situated on the second floor of the female building and consist of 12 (twelve) Laboratories:

- Nursing Fundamental laboratory (02-207)
- Health Assessment laboratory (02-227)
- Adult 1&2 laboratory (medical/surgical) (02-212)
- Maternity laboratory (02-222)
- Nursing laboratory (02-223)
- Pediatric laboratory (both ward (02-214), PICU (02-215) and NICU(02-224))
- Adult ICU and critical care laboratory (02-213)

SUPPORT ROOM (02-210)

Objective:

- to assess student/staff member who is not feeling well
- to keep them under supervision
- to record vital signs and nursing interventions
- to transfer to NGH-ER if needed.

Location

- Nursing Simulation Laboratory – 2nd floor of the female building

Support room Hours

- The support room will be open daily from 08:00 – 17:00.

Online Services

Every admitted student is provided with a KSAU-HS user account that can be used to access all KSAU-HS online services such as student email, Blackboard, and SiS. Whenever a student faces any technical issue regarding the access of any system they can seek assistance of the CON-J IT unit located in the first floor of the female building.

Student E-mail Account

1. Each Student will be assigned an e-mail account.
2. Students should report to the Admission & Registration to collect their e-mail information and any other related problems.
3. Each student must change the assigned password and create her own.
4. Passwords must be kept confidential to the primary user only. Confidential information will be sent via e-mails.
5. Students should always make sure that their e-mails inbox is not full; otherwise, they may miss important notifications.
6. Academic and Student Affair will use e-mails as an official means of communicating with the students.
7. Important documents and notification will be sent to the students by e-mail such as Final exams schedules, Absence warnings, etc....

Blackboard

Blackboard is a Web-based course-management system designed to allow students and faculty to participate in classes delivered online or use online materials or participate in activities to complement face-to-face teaching. This system has been used by both KSAU-HS students and faculty since 2009. Blackboard enables instructors to provide students with course materials, discussion boards, virtual chat, online quizzes, an academic resource center and much more.

SIS

Student Information System (SIS) provides the best possible student information services to King Saud bin Abdul-Aziz University for Health Sciences community by integrating all student data including updated student demographics, enrollment, schedules, and grades. Moreover, it ensures the accessibility, integrity, and security of student information. All students can access the SIS using their KSAU-HS username and password.

Library

CON-A Library is located on the Second floor of the female building, and is open daily to all students from 8:00 am to 5:00 pm.

Library orientation

The objective of library orientation is to prepare users to make efficient, productive, and permanent use of information resources and information systems.

Multimedia and Internet Services

Computers are available to students for researching and browsing the internet, along with access to the Digital Library Services for conducting literature research. CON-A library also provides a collection of CD's and DVD's to be used in the library.

Online Public Access Catalog

OPAC is an online database of materials held by CON-J library. Students search to locate books and other materials available in the library.

<http://10.8.129.58/uhtbin/cgisirsi.exe/?ps=PlnFAsCNkr/MAIN/194890011/60/502/X>

Circulation Services

Library Cards

Each student is issued a library card upon application.

Circulation rules

- Students are responsible for library materials checked out under their name until they are returned to the lending library.
- Students are responsible for using and maintaining their current University email addresses as the primary contact for the purpose of borrowing and returning library materials
- Students who abuse library borrowing privileges may have their privileges suspended throughout the Library. Examples of misuse of library borrowing privileges include (repeatedly not returning materials on time, not paying replacement bills, not responding to recall notices, not returning library materials even after replacement bills have been issued, and mutilation or damage of library materials).

Overdue Fines

Students: Two (02) Saudi Riyals per day per item fine is charged, with a maximum of three hundred (SR 300.00) per book.

Clearance

- All students must get their library clearance before their graduation or withdrawal.
- Clearance will not be made unless the borrowers have returned and cleared overdue materials and fines from their records.

For more details, Please refer to the below link:

http://conj.ksau-hs.edu.sa/index.php?option=com_content&view=article&id=158&Itemid=490

Graduation


- Approved candidates for graduation from the curriculum plan will be notified by e- mail and will receive a course registration plan.
- Each expected graduate must fill out an application for graduation form and submit it to the Office of Student Records along with a copy of student's passport. The passport is important as it provides the correct spelling of the name in English in the graduation certificate.
- Expected graduates should complete CON clearance at the end of their graduation semester.
- A graduate from the curriculum must complete one year of Internship successfully prior to receiving her graduation certificate.
- Students who finish their internship year should complete the clearance forms of the hospital and CON, and receive original documents included in their files.
- Upon the approval of the College Council of a successful completion of the Internship Program, the office of the Student Record instructs the graduates by e- mail when to report to her Office, so that they can receive their graduation certificates and internship certificates.

Graduation with Honor

- First Class Honors is awarded to the student who obtains a GPA of (4.75) to (5.00) out of (5.00) upon graduation.
- Second Class Honors is awarded to the student who obtains between (4.25) and (4.75) out of (5.00) upon graduation.

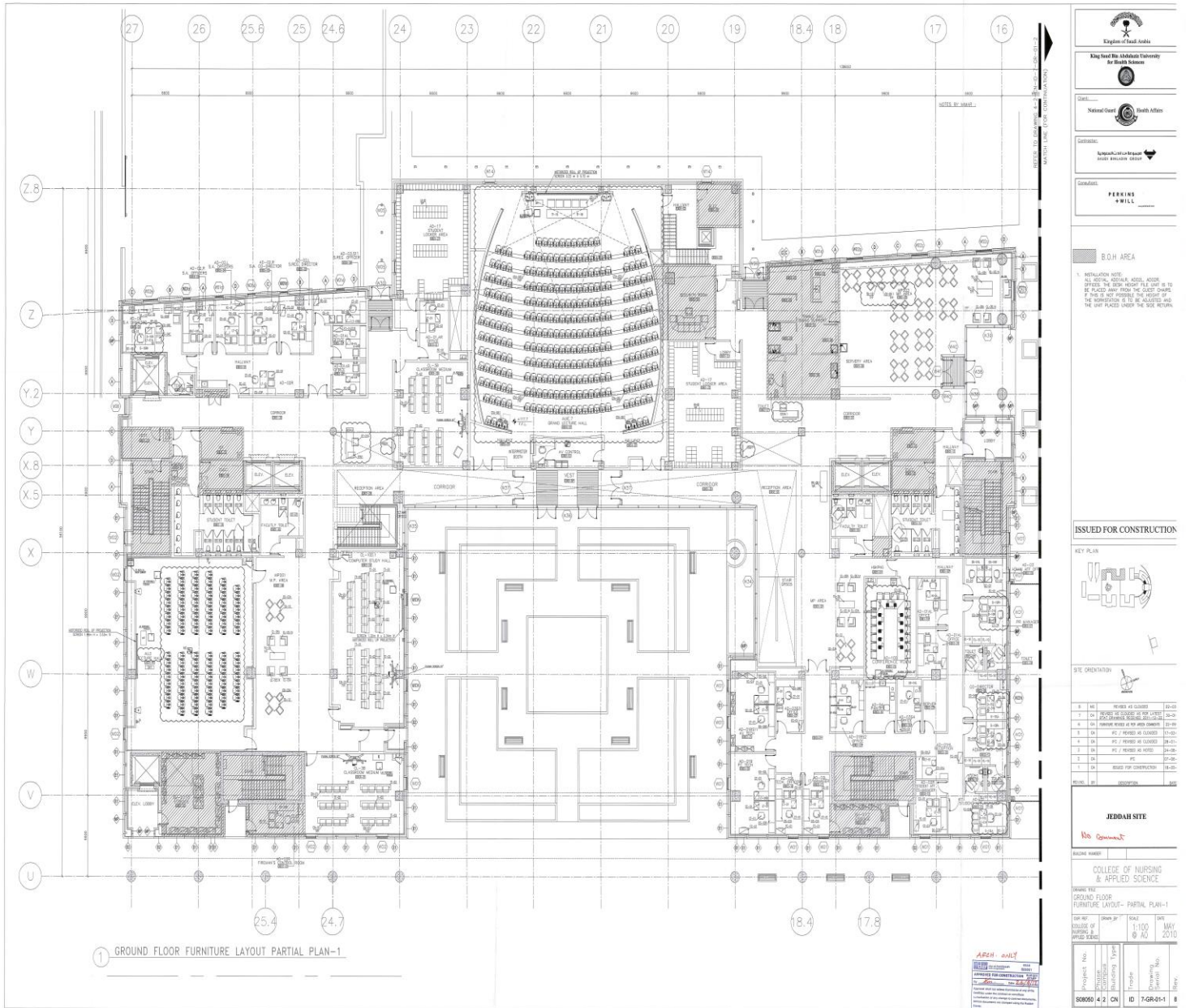
The following conditions are required for obtaining the First or Second Class Honors:

- The student should not have failed any course during their studies at the college.
- The student should have completed the requirements for graduation within a period not more than the average between the maximum and the minimum period for staying in their college.

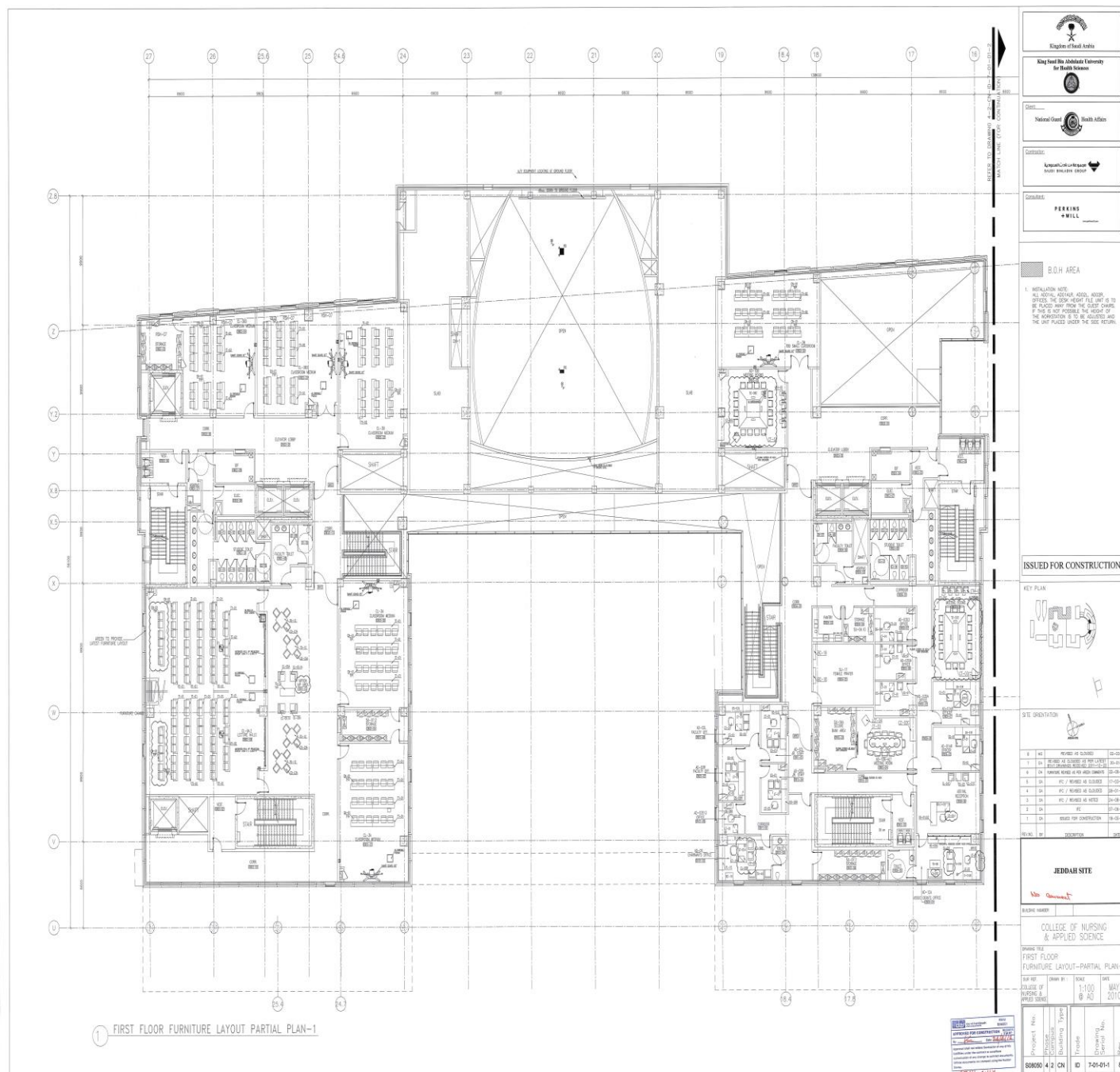
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- The student should have studied at least 60% of graduation requirements at the college from which they will obtain the degree.

CON-J Maps

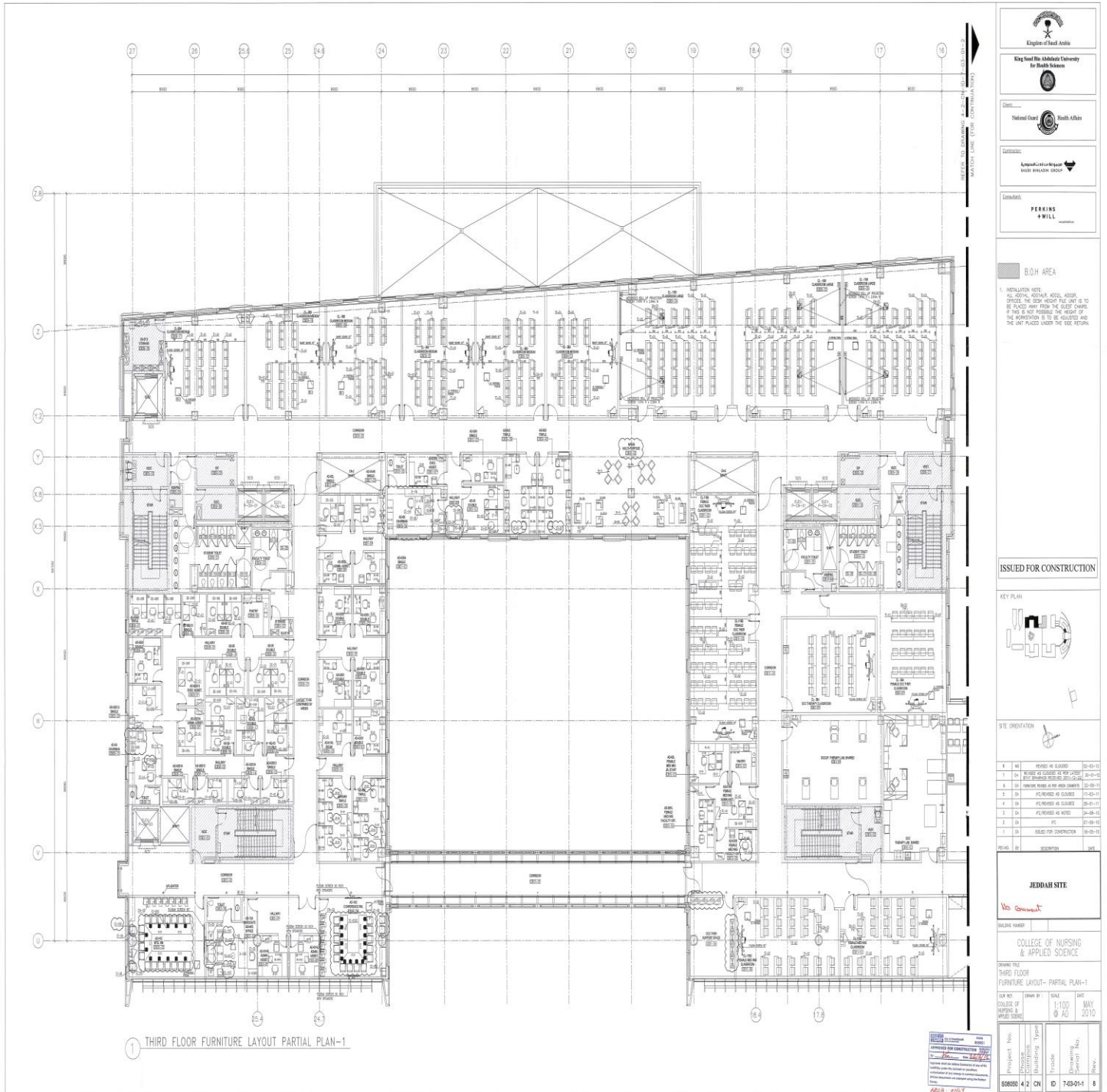
Ground Floor



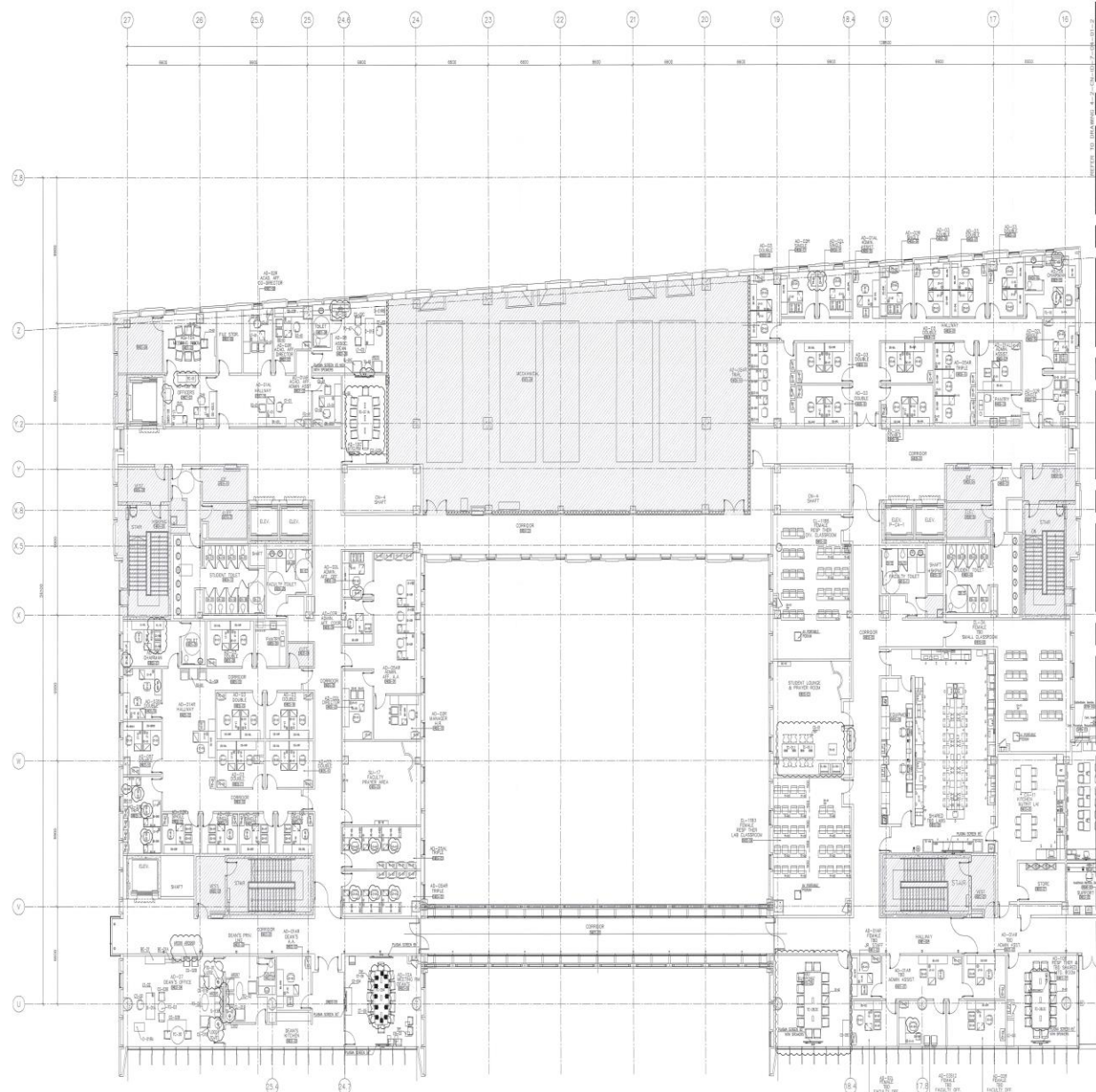
First Floor



Third Floor



Fourth Floor



1 FOURTH FLOOR FURNITURE LAYOUT PARTIAL PLAN-1

King Fahd Bin Abdulaziz University
for Health Sciences

Client: National Guard - Health Affairs

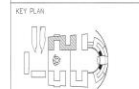
Contractor: Al-Jawhara Engineering & Construction

Contract: PERKINS + WILL

B.O.H AREA

1. INSTALLATION NOTE:
ALL ROOMS, INCLUDING HALLS, ARE TO BE PLACED ANYWHERE THE CLIENT CHOSE. THIS IS NOT PERMITTED THE WORKING OF THE INFORMATION IS TO BE ALIGNED AND THE LAY PLACED UNDER THE NEW DESIGN.

ISSUED FOR CONSTRUCTION



KEY PLAN

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100. 100th FLOOR

JEDDAH SITE

COLLEGE OF NURSING & APPLIED SCIENCE

GRAPHIC TITLE

FOURTH FLOOR FURNITURE LAYOUT - PARTIAL PLAN-1

DATE: MAY 2010

Project No.	Project Name	Project Location	Project Type	Project Status	Project Date
000000	4.2	ON	4	7040-1	9

